

BREAKBAR LOFT



The Break & Loft Bar



BreakBar

The Swan Centre | Eastleigh | Hampshire | SO50 5SF

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BREAKFASTS

Breakfast Menu served until 12pm with the exception of Farmhouse Breakfast which is served all day.

- Break Bar Farmhouse Breakfast including a choice of egg (served all day) £5.95
 - Poached egg on toast with field mushrooms or bacon £3.95
 - Toasted bagel with smoked salmon, cream cheese and chives £4.95
 - English muffin, poached egg with grilled tomatoes £3.95
- Fresh fruit salad served with side dishes of granola crunch and yoghurt £4.45
- Toast with a selection of locally made jams & preserves £2.95

STARTERS & SMALL DISHES

- (v) Hand-cut herbed chips, served with a selection of dipping sauces £2.95
 - Home-made seasonal soup with locally baked bread £3.95
 - Thai spiced fishcakes with sweet chilli salsa £4.45
 - Pan-fried chicken livers on toast £4.95
 - Break Bar Prawn cocktail £5.95
 - Cajun spiced calamari £5.45 / £7.95
- (v) Cous cous salad and coriander and lime yoghurt £5.45 / £7.95

SALADS

- Classic Caesar salad with anchovies, bacon and croutons £4.45 / £7.95
 - With warm diced chicken £5.95 / £9.45
- (v) Tricolore salad - Buffalo mozzarella, tomato & fresh basil £4.95 / £6.95
- (v) Traditional Greek Salad £4.95 / £6.95

MAINS

All our steaks are served with hand cut chips, grilled mushrooms & tomatoes including a choice of sauces

- 28 Day Dry Aged 10oz Rib-Eye Steak £12.95
- 28 Day Dry Aged 8oz Rump Steak £10.95
- (v) Mixed mushrooms, spinach and tarragon cannelloni £7.95
 - with smoked apple wood cheese sauce
- Slow roasted duck breast served on a bed of Asian vegetables £8.45
 - Break Bar fish & chips £7.95
- Beer-battered fish with hand cut chips, mint pea puree and tartare sauce
 - Sausages of the day (*Vegetarian sausages also available*) £7.95
 - with creamed potatoes, bacon, cabbage and leeks with onion gravy
- Break Bar ground steak burger with hand cut chips & choice of cheese £8.45
- (v) Vegetable lasagne with dressed leaves £7.95
- Fresh fillet of fish, seared and served with roasted Mediterranean vegetables £9.95

CHILDREN

Half portions of most dishes are available upon request.

DESSERTS

- Organic ice-cream (various flavours) £3.95
- Baked seasonal fruits with chilled mascarpone cream and vanilla seeds £3.95
 - Fruit crumble with custard £4.45
 - Warm sticky toffee pudding £4.45
 - with a butterscotch sauce and organic ice cream